

TRANS NH MAGAZINE

Celebrating transgender news, events and people throughout New Hampshire

VOL. 1, ISSUE 7

TRANSNHMAGAZINE.COM

FREE

AUGUST 2017

Rochester plans annual Pride parade, event for Aug. 26

ROCHESTER — The Rochester Museum of Fine Arts invites the LGBTQ+ community (and those who love them) to Hanson Street and Central Square, in downtown Rochester, for a free public pride celebration on Saturday, Aug. 26, from 1 to 4 p.m., with remarks at 3:30 p.m.

The mission is to promote unity, visibility, inclusivity, equality, and a positive image of the lesbian, gay, bisexual, and transgender (LGBTQ+) community. There will be more than 20 vendors and live music by

Barrelhouse Blues Band, The NH Gay Men's Chorus, and The Leftist Marching Band.

An informal "after party" gathering will take place around 4 p.m. at The Garage at the Governor's Inn on Wakefield Street.

The event is made possible by Rochester Main Street (supported in part by a grant from the New Hampshire State Council On The Arts and the National Endowment for the Arts.)

For more information, please visit www.rochester-mfa.org/pride.



COURTESY

Attendees at the Rochester Pride parade in 2016.

Transgender Equality Rally



NEIL P. ALLEN

Alexis Payne, standing in the green shirt, leads a solidarity chant during the Transgender Equality Rally held on Saturday, July 29 at Victory Park in Manchester. For more pictures, see page 3.

President tweets anti-transgender sentiments, while Justice Dept. challenges LGBT civil rights

WASHINGTON, D.C. — The last week of July found President Donald J. Trump tweeting against transgender individuals serving in the U.S. military. At the same time, the Justice Department released a brief stating lesbian, gay and bisexual individuals are not protected by the civil rights amendment passed in 1964.

On Thursday, July 27, Reuters reported, "Trump's declaration, which came via early morning tweets on Wednesday [July 26], appeared to pre-empt an ongoing Pentagon review looking into allowing openly transgender recruits to join the military, and he drew criticism from three senior officers interviewed by Reuters on Thursday."

The United States' top military officer, Marine General Joseph Dunford, told the

armed forces on Thursday there had been no change yet to Pentagon policy on transgender personnel, said Reuters.

"There will be no modifications to the current policy until the President's direction has been received by the Secretary of Defense and the Secretary has issued implementation guidance," Dunford said in the message, first reported by Reuters.

Rachael Booth, a former member of the Navy, had much to say about Trump's Tweet at the Transgender Equality Rally on Saturday, July 29.

"I served in the Navy from 1969 to 1977, thought the Vietnam war. I served as transgender woman having to hide herself behind the façade of a man. I would be Ricky during the day and then

WASHINGTON see page 4

Grand opening planned for Seacoast LGBT History Project exhibit

ROCHESTER — You don't have to go somewhere over the rainbow to find out who made LGBT history. It's as close as your backyard.

The RiverStones Custom Framing and the Franklin Gallery, located at 33 N. Main Street in Rochester, are hosting an exhibit, "Seacoast LGBT History: Impact and Influence" that will be open from Aug. 3 through Aug. 27.

They are hosting a free grand opening for the exhibit on Thursday, Aug. 3, from 5 to 7 p.m. There will be light refreshments and the public is invited.

"We have been collecting artifacts for over two years," Tom Kaufhold, founder of the Seacoast LGBT History Project, said.

"We are looking forward to sharing a small portion of what we have collected,"

he said.

"We will have sorted the items into categories: Arts/Culture, Health, Politics/Activism, Commerce, Social Life and Spirituality and will have artifacts in each and profiling individuals who have influenced the Seacoast," Kaufhold continued.

Items range from vintage Pride guides, to posters, stickers, brochures, pins, photographs, newspaper clippings and other items that tell the story of a community that has had to fight its way out of the closet, Kaufhold said.

"Our purpose is to research, document and preserve the history of gay lesbian, bisexual and transgender people on the Seacoast of New Hampshire," he said.

Kris Ebbeson, proprietor of RiverStones Custom Framing and Franklin Gallery, said, "I am excited to offer my gallery space to display the artifacts from this very important project."



COURTESY

Some of the items that will be on display at the Seacoast NH LGBT History Project exhibit at the RiverStones Custom Framing and the Franklin Gallery in Rochester from Aug. 3 to 27.

He said he hopes people will be inspired to "check out their closets" for artifacts for a 2019 exhibit at the Portsmouth Athenaeum to commemorate the 50th anniversary of the 1969 Stonewall Inn uprising in New York City, considered by many to be the birth of the modern gay rights move-

ment.

RiverStones Custom Framing and the Franklin Gallery are open Tuesday through Friday, 10 a.m. to 6 p.m. and Saturday, 10 a.m. to 2 p.m.

For more information about the event, please email seacoastnhlgbthistory@gmail.com.

Trans NH Magazine

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Neil P. Allen

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If you are interested in writing for or submitting photos, please visit transnhmagazine.com.

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Linda's Closet to hold event for transgender women

KEENE — On Tuesday, Sept. 19, from 5 to 7 p.m., transgender women will be welcomed to find work and school clothes at Linda's Closet. The nonprofit is located at 29 Center Street in Keene (behind the Cheshire County Court building).

Two members of the Linda's Closet board of directors who have received Safe Experience Training from the The Pride Center of Western NH will be available to assist those attending the event with style advice.

Linda's Closet fulfills their

mission by offering clothes for women at no charge "for a variety of roles and situations," according to their website. They have clothing that is appropriate for job interviews; office, retail and manufacturing jobs; and school wear.

"All of our clothing is donated by women who want other women to look and feel good and to be successful. We are looking for clean, in-style clothes of all sizes and types. Donations are accepted during the times that the Closet is open," according to

their website.

Women attending the event are encouraged to bring the professional clothing they no longer need to donate to the organization.

Linda's Closet is a living memorial to the late Linda Oliver, who created the concept of a clothing resource prior to her death from ovarian cancer. She was a woman of great style and compassion who wanted to assist women who, in her words, "are trying to set goals for themselves."

She asked her family and friends to develop a clothing resource for women and to use her own clothing to help in the start-up.

For more information about Linda's Closet, please call (603) 357-1015, email lindas.closet@yahoo.com or visit www.lindascloset.org.

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BUSINESS OR ORGANIZATION HERE!**

For rates and more information, please
visit online at transnhmagazine.com.

Transgender rally celebrates equality in Manchester

By NEIL P. ALLEN

MANCHESTER — A few hundred people turned out for the first Transgender Equality Rally held on Saturday, July 29, at Victory Park in Manchester.

The day included tabling from organizations, speeches, dancing, games and much more as transgender individuals, their family and friends, and other allies from around the state came together to support transgender equality in New Hampshire.

The event was emceed by Chloe LaCasse and featured DJ Brien Sweet, musician Michael Joseph, and speakers Rachael Booth, Gerri Cannon, and Sherry Frost,

representative from Dover Ward 4/Strafford 16, and Carter Adams. Alexis Payne also spoke and led a solidarity chant.

The event was sponsored by Rights & Democracy (RAD), a bi-state grassroots power organization in New Hampshire and Vermont building the local political revolution. The Trans Organizing and Leadership Development (TOLD) is a campaign committee of RAD that advances the leadership of trans people and the LGBTQ community members of New Hampshire.

For more information, please visit online at www.facebook.com/RightsNH or www.radnh.org.



ALL PHOTOS BY NEIL P. ALLEN

WASHINGTON continued from page 1

go home and live as Rachael in the privacy and protection of my home," she said. "Even worse, I had to go out to sea for months at a time for my job and had to leave Rachael behind. I lived every day in fear I would be found out, which could get me kicked out of the Navy, beaten, raped, and even killed. It was a horrible existence.

"When I heard that

President Obama was openly allowing transgender people to openly serve in the military, I cried. I cried out of happiness that they wouldn't have to go through what I did so many years before; I cried out of sadness for the years I had to hide that I would never get back; and I cried out of relief that my country was finally, really moving forward," Booth continued.

"Donald Trump undid all of that last week with his tweet saying that transgender people can't serve in the military at all. But I'm not crying about it. I'm enraged!" she said. "And I'm redoubling my efforts to get out and be visible, be open, and be loud. We all have to do this now—put away our fears and stand up for our rights as human beings and Americans."

While military officials and the transgender service members tried to sort out what this meant for them, the Justice Department also chose Wednesday to take on civil rights for gay, lesbian and bisexual employees.

"The Justice Department argument came in a friend-of-the-court filing, as it's called, in a private employment case that otherwise doesn't involve the government. The filing means the Justice Department is taking a different view than another part of the government, the Equal Employment Opportunity Commission," reported NPR.

"In its brief, the Justice Department argues the words sexual orientation do not appear in Title VII of the Civil Rights Act and that, therefore, Congress would have to pass a law including it," continued the report from NPR.

Legal experts don't believe

the brief will have much of an impact, according to the report from NPR, the Trump administration going against his own pledge to protect the community if elected and trying to undermine the years of work to get to where the community is now.

Meanwhile, in NH, Governor Chris Sununu spoke out against the Trump tweets and the Justice Department brief, according to NH NPR.

"I can't say I approve of the tweet that came out," Sununu said in the report from NH NPR. "It's not really official—I don't know where that stands. I'm not going to make judgment calls other than to say, again, you know, I think that anyone who is willing to stand up and fight for this country should have the ability to do so."

The NH NPR report also stated: Sununu cited New Hampshire laws that do offer protections based on sexual orientation and said the state will continue to work to eliminate "even the potential of discrimination in any way."

This gives some hope to proponents of a bill that was tabled earlier this year that would guarantee equal rights to transgender and gender non-conforming residents of New Hampshire. The bill is slated to be reintroduced in 2018.

ROCHESTER PRIDE 2017

After Party!

**AUGUST 26 - STARTING AT 4PM
AT "THE GARAGE" AT THE GOVERNOR'S INN
78 WAKEFIELD STREET, ROCHESTER NH**

Hope begins here.

**The
Pride Center
of Western NH**

Free online resources for LGBTQ+ residents of western NH

www.thepridecenterwnh.org

NEW HAMPSHIRE TRANSGENDER RESOURCE GUIDE

ACTIVITY GROUPS

Capital Gay Men Group Bowling

Spare Time Bowling, Manchester. 3rd Monday. Dinner at 6 p.m., bowling at 7 p.m. \$10 for 3 games and shoes
Info: cgminc.org

Common Ground Book Club

Pembroke
2nd Tuesdays, age 18+
Info: cgminc.org/bookclub

Green Mountain Crossroads

Variety of monthly meetings for LGBTQ people of all ages, including game night and a book club. The Roots Social Justice Center, 28 Williams St., Brattleboro, VT
Info: greenmountaincrossroads.org

NH Gay Men's Chorus

A performance-based singing group. The group allows transgender men to perform with them.
Info: nhgmc.com

TransPosition Vocal Ensemble

A performance-based singing group of transgender individuals and allies.
Info: facebook.com/
TransPositionVocalEnsemble

BINDERS / CLOTHING

Binder Exchange

Info: transgendervisibilitymatters.com or www.youtube.com/c/TKLawrenceClarke

Linda's Closet

Keene
Free work-appropriate clothes for women, including transgender women. Donations welcome.
Info: (603) 357-1015, email lindas.closet@yahoo.com or visit www.lindascloset.org

CHURCHES

Brookside Congregational Church

2013 Elm St., Manchester

Community Church of Durham, UCC

17 Main St., Durham

Concord Wesley United Methodist Church

79 Clinton Street, Concord
Info: www.facebook.com/
ConcordWUMC

Lebanon United Methodist Church

18 School Street, Lebanon

Our Quaker Meeting

Many locations around the state.

Our Savior Lutheran Church

5 Summer Street, Suite 1, Hanover

South Congregational Church

20 Church St., Newport

St. Thomas Episcopal Church

9 W. Wheelock Street, Hanover

Unitarian Universalist Church

Many locations around the state.

UCC First Church Congregational

63 S. Main St., Rochester

CLERGY

Rev. Emily Heath

Congregational Church in Exeter
Info: www.emilycheath.com

Rev. Bobbie Moquin

Transgender minister in Farmington. She does outreach and counseling "my rainbow brothers and sisters."
Info: Facebook or call (603) 833-9662

COMMUNITY SAFE SPACES

Kae Mason at Salon K

Concord

Info: (603) 225-0099 or salonkconcord.com

Kimball Jenkins Art Studio

Open studio most Fridays and community events regularly.

Milk & Honey Juicery and Cafe

Manchester LGBT+ friendly

NEC Concord Listening Room

Enjoy local musicians, gender neutral restrooms available.

Slam Free or Die

Slam poetry hosted at Stark Brewing Company, Manchester

Teatotaler

Somersworth
Queer cafe

The Breezeway Pub

Manchester
LGBT+ friendly. Drag shows, karaoke, and more

The Element Lounge

Manchester
LGBT+ friendly nightlife. Karaoke, events, and more.

The Waysmeet Center

15 Mill Rd., Durham
Info: www.thewaysmeet.org

DOMESTIC VIOLENCE

Emily's Place

Manchester area
Welcoming to transgender women in need of support. Info: www.ywcanh.org

Turning Points Network

11 School St. in Claremont and 167 Summer St. in Newport
Sullivan County organization welcoming to transgender women and gender non-conforming individuals in need of support. Transgender women also welcome in shelter.
Info: turningpointsnetwork.org or 800-639-3130 (open 24 hours)

WISE Upper Valley

38 Bank Street, Lebanon
WISE works to end gender-based violence in the Upper Valley of NH/VT and are committed to ever improving our accessibility to people who are marginalized, including people who are trans and gender non-conforming. We also have a shelter for women and children, including transgender women. They also work with people who are not comfortable defining themselves as women to find safe living alternatives in order to not live with people who hurt them.
Info: 24-hour crisis line: 1-866-348-WISE, Office: (603)448-5922 or www.WISEuv.org

FAMILY & FRIENDS

My Kid is Gay

Offers an 'e-Care Package' for loved ones of LGBT individuals, includes videos, FAQs, resources, and more at mykidisgay.com

Our Family Coalition

Support for LGBTQ+ families with children.
Info: www.ourfamily.org

Out Proud Families

Provides resources and workshops for caregivers, educators, and organi-

zations
Info: www.outproudfamilies.com

PFLAG - NH

For parents, family and friends of
LGBT individuals
Info: www.pflagnh.org

HOUSING

Concord Coalition to End Homelessness

Runs the Homeless Resource Center on Main St
Info: www.concordhomeless.org/home.aspx

Emergency and Transitional Housing

Concord cold weather Shelter slated to open Jan. 1. Volunteer opportunities also available.
Info: www.friendsprogram.org/programs/emergency-housing

Trans-housing Network

Info: www.transhousingnetwork.com

LEGAL RESOURCES

ACLU of NH

Information about the rights of
LGBTQ people and people living with
HIV in NH.
Info: (603) 225-3080 or www.aclu.org

GLAD

Legal information and referrals for
discrimination and information about
GLBTQ rights. Info: (800) 455-4523
or www.glad.org/rights/newhampshire

NH Legal Assistance (NHLA)

Offering free or low-cost legal aid for
survivors of domestic violence.
Info: www.nhla.org/content/domesticviolence-15

LGBT / ALLY ORGANIZATIONS

Asperger/Autism Network (AANE)

Info: www.aane.org

Freedom NH

Trans advocacy non-profit
Info: www.freedomnewhampshire.org

GLSEN NH

Info: www.glsen.org

LGBT Aging Center

Info: www.lgbtagingcenter.org

National Center for Transgender

Equality

Info: www.transequality.org

Queer Exchange: New Hampshire

Online group for selling items and
exchanging information. Closed
group.
Info: www.facebook.com/groups/1083388475113911

Rural Outright

Supporting LGBTQIA+ in Sullivan and
Lower Grafton counties. A program of
TLC Family Resource Center
Info: (603) 542-1848, facebook.com/RuralNHOutright or www.tlcfamilyrc.org/rural-outright

Seacoast NH LGBT History Project

Info: www.facebook.com/Seacoast-NH-LGBT-History-Project-491281397697396

Upper Valley Rainbow Connection

Online-based, mostly list of resources
geared to upper NH and VT area
Info: www.uppervalleyrainbowconnection.com

NEWSLETTERS

The Outboard

A biweekly e-newsletter of local
LGBTQ events and resources around
the Seacoast. Sign up at skiffco.com/outboard
Info: outboard@skiffco.com

RESOURCE CENTERS

The Pride Center of Western NH

Online resources for LGBTQ+ people
in western NH.
Info: www.thepridecenterwnh.org

YOUTH DROP-IN PROGRAMS

TLC Family Resource Center

109 Pleasant St., Claremont
Thursdays from 3 to 4 p.m. For
LGBTQ+ youth and their allies 18 and
under. Snacks provided.
Info: facebook.com/RuralNHOutright

HEALTH RESOURCES

ALLY HEALTH PROVIDERS

Dr. Mary-Catherine Gennaro, DO

Plymouth
Info: (603) 236-6240

Hilltop Family Practice

85 Main. St, Somersworth
Info: (603) 692-6676

Keady Family Practice

Newport, Claremont and Charlestown
Info: (603) 863-7777 or www.kfpmed.com

Dr. Jennifer Madden

Amherst
Info: www.jenniferemadden.com

Dr. Gailyn Thomas, MD

Obstetrician/Gynecologist, Claremont
and Lebanon
Info: (603) 542-6777 or (603) 653-9306

ELECTROLYSIS

Always Beautiful

Electrolysis
Dover
Info: (603) 742-0471

Amy Whitaker

New Beginnings Wellness Center,
Merrimack
Info: www.newbeginningswellness-center.org

Joann Dostie-Trojano

Electrolysis Associates, Concord
Info: (603) 224-3741

Joann's Electroly

Laconia
Info: (603) 528-3026

Londonderry Electrolysis

Londonderry
Info: (603) 432-3323

Shirley Hale

Concord Electrolysis, Concord
Info: (603) 225-4625

GENDER AFFIRMING SURGEONS

Dr. Gary Freed, Jr., MD

Dartmouth-Hitchcock Medical Center,
Lebanon
Info: www.dartmouth-hitchcock.org/provider/1206

Donald R. Laub, Jr., M.S., M.D.

Colchester, VT
Bottom surgery
Info: (802) 847-3340

Dr. Kimberly Marble, MD

Exeter
Info: www.corephysicians.org/providers/details?physician_id=663607

Dr. Emily Ridgway, MD

Dartmouth-Hitchcock Medical Center,
Lebanon

Info: www.dartmouth-hitchcock.org/findaprovider.html#/provider/1151

Dr. Joseph Shin, MD

Dartmouth-Hitchcock Medical Center,
Lebanon
Accepts Medicare
Info: www.dartmouth-hitchcock.org/findaprovider.html#/provider/1811

Dr. Richard L. Zeff, MD

Stratham
Trans masculine and feminine Info:
www.dr-richardzeff.com/breast/transgender

MENTAL HEALTH**Blair Ambrose, LICSW**

Manchester
Info: (603) 296-0830

Dr. Anne Boedecker, PhD

Bow
Info: www.sitbyme.com

Jennifer Bois

Nashua
Info: www.apeacefulbalance.com

Brattleboro Retreat

In-patient substance abuse treatment
and out-patient services.
Info: www.brattlebororetreat.org

Dr. Paul Cody

EHC Concord
Info: (603) 225-2739 or equalityhc.org

Glenn Dumont, MA, LCMHC

Claremont
Info: (855) 804-3179

Steven Librot, MA, LCMHC

Wilderness, VT and Claremont, NH
Info: www.northernlightscounseling.com or (603) 252-2235

Dr. Julie Marsden, PsyD

Nashua
Info: (603) 883-0005

Dr. Marci Martel, Ph.D., LCMHC

Amherst
Info: (603) 554-8193

Jamie Miller, M.Ed, MA, LCMHC

Claremont
Info: (603) 542-1450

Riverbend

Crisis services are provided 24/7 in
Concord and can send trained crisis
specialists to you.

Info: 1-844-7-Help4U (1-844-743-5748)

SAMHSA

Find mental health or substance
abuse treatment
Info: findtreatment.samhsa.gov

Dr. Nancy Strapko, PhD

Plymouth
Info: (603) 536-1306

The Center for Eating Disorder Management, Inc.

Bedford
Info: (603) 472-2846

VMAC

718 Smythi Rd., Manchester
Counseling
Info: (603) 296-5363 or www.manchester.va.gov

SUICIDE HOTLINES**National Suicide Prevention Lifeline**

Info: (800) 273-TALK or (800) 778-CARL, suicidepreventionlifeline.org

The Trevor Project

Info: (866) 488-7386 or thetrevor-project.org

Trans Lifeline

Suicide Prevention hotline run by
transgender people
Info: (877) 565-8860

SUPPORT GROUPS IN-PERSON**Capital Gay Men**

Posts meeting times at cgminc.org

Concord Outright

Unitarian Universalist Church of
Concord (under 21).
Info: www.nhftm.org/Xtras/ConcordOutrightWebpage.htm

FCC Transgender Outreach Group

First Congregational Church 63 S
Main St., Rochester. For transgender
individuals, family members and
allies. 2nd Saturday, 7 to 9 p.m.
Info: longellie@gmail.com

Green Mountain Crossroads

A wide variety of monthly meetings.
The Roots Social Justice Center, 28
Williams St., Brattleboro, VT
Info: greenmountaincrossroads.org

Lakes Region Outright

Franklin (ages 6-24)
Info: lakesregionoutright.webs.com

LGBT Veteran Support Group

Group therapy provided by two psy-
chologists. Open to all LGBT veterans
at Manchester VAMC
Info: Sandra Lawrence-Clarke, Ph.D.
at (603) 624-4366 ext. 6962 or Alicia
Semiatin, Psy.D. at ext. 6588

LGBTQIA+ Community Connection Group

149 Emerald St., Suite 9, Keene
A safe place to connect and commu-
nicate with other LGBTQIA+ adults.
1st and 3rd Wednesdays, from 5:30
to 7 p.m.
Info: (603) 283-2156 or facebook.com/ACFTLLGBTQIA

LGBQ/T Community and Connection Group

149 Emerald Street, Suite 9, Keene
Ages 18-30. 2nd Thursday / 4th
Friday, 7 to 8:30 p.m. Antioch
University Couple and Family
Therapy Institute
Info: (603) 283-2156

Manchester TransFusion Support Circle

Meets the 2nd and 4th Sundays at
5 p.m. at the Unitarian Universalist
Church of Manchester.
Info: www.facebook.com/ManchesterTRANSfusion

PFLAG - NH

For parents, family and friends of
LGBT individuals

Concord

3rd Sunday, 3 to 5 p.m. Conference
room on the first floor at the Payson
Cancer Center at Concord Hospital.
For directions, go to pflagnh.org/concorddirections.htm. Chapter chairs:
Lee and Christine Marcroft.
Info: (603) 529-2863 or chapter.concord@pflagnh.org

Keene

1st Tuesday, 7 to 9 p.m. Keene Public
Library, 60 Winter St.
Chapter chair: Jo
Info: chapter.keene@pflagnh.org

Plymouth

2nd Tuesday, 7 to 9 p.m. Whole
Village Resource Center on Highland
Street.
Chapter chair: Carol
Info: (603) 536-3823 or chapter.plymouth@pflagnh.org

Seacoast

1st Thursday, 6 to 8 p.m. First Church

Congregational on 63 S. Main St.,
Rochester.
Info: chapter.seacoast@pflagnh.org

Rural Outright

Sullivan and Lower Grafton counties
A program of TLC Family Resource
Center
Info: (603) 542-1848, facebook.com/
RuralNHOutright or www.tlcfamilyrc.
org/rural-outright

Caring Adults Peer Support (CAPS)

TLC Family Resource Center, 109
Pleasant St. in Claremont. 1st and 3rd
Saturdays at 10 a.m. CAPS is for par-
ents, grandparents and other adults
raising or supporting a LGBTQ+ child
of any age. Info: neilpierceallen@
gmail.com

Claremont Trans and Gender Non- Conforming Support

Moody Building, Claremont. 1st and
3rd Fridays at 6 p.m. For ages 18+.
Info: Arcade at deadeighties@gmail.
com

LGBTQ+ Peer Support in partner-
ship with Hope for NH Recovery, 169
Main St., Claremont. Every Thursday,
5 p.m.

Seacoast Outright – LGBTQA Teen Support Group

Age 21 and under. Every Friday, 7 to
9 p.m. in Portsmouth.
Info: (603) 552-5824 or www.sea-
coastoutright.org

Trans Laconia

18+ Peer support group. 2nd
Tuesday, 6:30 p.m. Tardif Park House,
51 Crescent St, Laconia.
Info: translaconia.org or facebook.
com/translaconia

Transgender Adult Support Group

Theresa Reeves, PhD. co-facilitates a
monthly support group in Portsmouth
for transgender individuals. Contact
Reeves to discuss whether this group
would be appropriate for you. Info:
(603) 865-1934, teresa@nhseacoast-
counseling.com or www.nhseacoast-
counseling.com

Transgender Support Group

Unitarian Universalist Church of
Manchester, 669 Union Street
For transgender individuals only. 2nd
/ 4th Sundays, 5 to 7 p.m.

Transgender Veteran Support Group

Group therapy provided by two psy-

chologists. Open to all transgender
veterans at Manchester VAMC.
Info: Sandra Lawrence-Clarke, Ph.D.
at (603) 624-4366 ext. 6962 or Alicia
Semiatin, Psy.D. at ext. 6588

Transplorations Support Groups

154 Broad St, Suite 1511, Nashua.
Info: apeacefulbalance@gmail.com or
www.apeacefulbalance.com

**Transgender and non-bina-
ry adults** on the 1st and 3rd
Wednesdays, 6:30 p.m.

**Teen transgender/non-binary sup-
port group** - 2nd Wednesday, 5:30
p.m.

**Family (parents and spouse/sig-
nificant other) of transgender/
non-binary individuals** on the 2nd
Wednesday, 7 p.m.

Tri-Ess New England

2nd Saturday in Derry
Info: triessnewengland.org or tsne@
triessnewengland.org

Upper Valley Gender Group

Alternating Wednesdays, 6 p.m.
Unitarian Universalist Congregation
of the Upper Valley in Norwich, VT
Info: upper.valley.gender.group@
gmail.com

*Most colleges have a Pride group and
many high schools and some middle
schools have Gay/Straight/Transgender
Alliance groups (GSTA). If your school
doesn't have one available, there are
organizations that can help you get one
started.*

SUPPORT GROUPS ONLINE

North Country Transgender Support Group

A closed group for those in northern
NH, northern VT and Maine
Info: facebook.com/groups/
954944114569691

Seacoast Gay Men

Info: sgminc.org/index.htm

TG-NH

A closed group for transgender indi-
viduals, allies and families. Info: face-
book.com/groups/TGNH.Support

Transplorations

A closed group for trans*, non-binary
individuals and families.
Info: www.facebook.com/groups/

Transplorations

TRANSGENDER HEALTH PROVIDERS

AIDs Response Seacoast

aidsresponse.org

Equality Health Center

Offering health care for LGBT and
transgender health and reproduc-
tive services. Located at 38 S. Main
St., Concord. Info: (603) 225-2739,
equalityhc.org

Fenway Health

Offers health care for transgender
patients. Located in Boston.
Info: fenwayhealth.org/care/medical/
transgender-health

Planned Parenthood of Northern New England

Five centers around NH offering
health care for transgender people.
Info: plannedparenthood.org/health-
center/NH

Southern NH HIV/AIDS Response Task Force

Info: aidstaskforcenh.org

Transgender Clinic - Dartmouth- Hitchcock Medical Center

Dr. Benjamin Boh and Dr. John Turco
Healthcare for patients seeking hor-
monal and/or surgical reaffirmation of
gender. Works with children. Located
in Lebanon, Concord and Manchester.
Info: (603) 650-8630 or dartmouth-
hitchcock.org/endo/transgender_clin-
ic.html

Dr. Laura Trask, Endocrinologist

287 Main St., Lewiston, ME
Info: (207) 795-7520

VMAC

718 Smythi Rd., Manchester
Cross-sex hormone therapy
Info: (603) 296-5363 or www.man-
chester.va.gov

*Please note, the groups, organizations,
medical professionals and websites listed
in this resource guide are not recommen-
dations or endorsements.*

*Please do your own research. Many
have been recommended by others in the
community but not all and your experi-
ence may vary.*

*If you have a resource to add or would
like to provide updated information,
please email transnhmagazine@gmail.
com or visit www.transnhmagazine.com.*